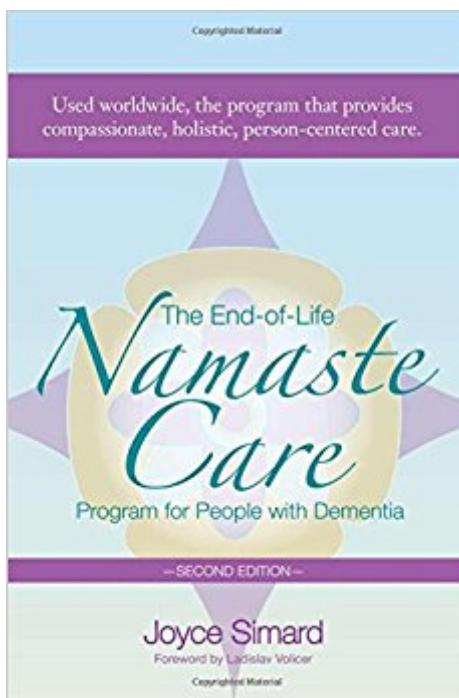


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# The End-of-Life Namaste Care Program For People With Dementia



## **Synopsis**

This innovative care program blends nursing care and meaningful activities to promote peaceful and relaxing end-of-life experiences for older adults with late-stage dementia. The first program created specifically for this hardest-to-serve population, Namaste care also meets the latest regulatory guidelines for person-centered activity programming. With this practical guide, skilled nursing facilities, assisted living settings, memory care communities, and hospices can easily and affordably implement a Namaste Care program to not only improve resident quality of life but also to increase family involvement and strengthen staff morale.

## **Book Information**

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## **Customer Reviews**

Everyone wins with the positive enveloping Namaste Care approach to advanced dementia residential care providers, care teams, caring families and, best of all, people living with advanced dementia. Simard's wise, experienced practical, rich and detailed specifics interspersed with inspiring stories of small miracles make real and achievable all the abstract ideals of dignified, compassionate quality care. --Lisa P. Gwyther, MSW, LCSW Co-author, The Alzheimer's Action Plan Director, Duke Family Support Program, Duke University This book is a 'must read' for all healthcare professionals. Research shows that Namaste Care allows for positive and meaningful connections to be made with each individual. This program honours the person within by maintaining dignity and offering compassionate, heartfelt care. --Esther Chang, R.N.,

BAppSc(Adv.Nur), M.Ed.Admin., Ph.D., FCN Professor, School of Nursing and Midwifery, University of Western Sydney (Australia)The Namaste Care program revolutionizes how to lovingly provide care for those facing advanced dementia and empowers healthcare providers to find the person within using creative, multi-modal interventions. In her book, Joyce Simard leads you to the very heart of this approach to dementia care. --Russell Hilliard, Ph.D., LCSW, LCAT, MT-BC, CHRC Vice President, Seasons Hospice & Palliative CareThis book is a 'must read' for all healthcare professionals. Research shows that Namaste Care allows for positive and meaningful connections to be made with each individual. This program honours the person within by maintaining dignity and offering compassionate, heartfelt care. --Esther Chang, R.N., BAppSc(Adv.Nur), M.Ed.Admin., Ph.D., FCN Professor, School of Nursing and Midwifery, University of Western Sydney (Australia)The Namaste Care program revolutionizes how to lovingly provide care for those facing advanced dementia and empowers healthcare providers to find the person within using creative, multi-modal interventions. In her book, Joyce Simard leads you to the very heart of this approach to dementia care. --Russell Hilliard, Ph.D., LCSW, LCAT, MT-BC, CHRC Vice President, Seasons Hospice & Palliative Care

Joyce Simard, M.S.W., provides consulting services to skilled nursing centers and assisted living communities. She earned her bachelor of arts in sociology/social work at Ithaca College in New York and her master's of social work at the University of Minnesota. In addition to Namaste Care, she developed The Memory Enhancement Program (MEP), a unique program for individuals experiencing memory loss above and beyond what is normal for their age and education. Residents in nursing centers, assisted living, and independent living communities who do not need a secured Alzheimer's unit benefit from this program. An internationally recognized speaker, Joyce has given seminars, such as Understanding Alzheimer's Disease, Finding Joy in the Caregiving Experience, and Staff Participation in Meaningful Activities, to families of people with dementia and health care professionals in the United States, Australia, and several cities in Asia. She also provides in-service training on a variety of subjects, including hospice, bereavement, comfort care, and activity programs for people with dementia. Joyce is known for bringing humor and a light touch to serious subjects. She teaches through stories of real experiences from her more than 20 years in health care.

I am a new nurse with Seasons Hospice, the hospice the author collaborated with to bring Namaste Care to hospice patients. I wanted to read about the program. I got so much more. The author's

profound love of elderly people, especially those with dementia, is inspiring. It's a warm, loving book, full of both concrete information and stories of patients and families.

Never let it be said, "There is nothing more we can do." Joyce Simard has given us a blueprint for honoring the souls who remain with their earthly bodies past the time that language and activity are the primary focus. If you love someone living with dementia, this book will fortify you to know there is much to be done in the later stages to give them comfort and joy.

This book was highly recommended since I am a caregiver and a large percentage of my patients have Alzheimers and/or Dementia. I want to be the very best and most compassionate caregiver I can to benefit every day of their lives.

Outstnding and effective approach to providing care for those with dementia. A good read for those who are caretakers or relatives of those with dementia. All memory care centers should adapt this program!

Very valuable book for someone dealing with Alzheimers.

Excellent book for service providers of dementia care

Love it

wonderful bppk

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